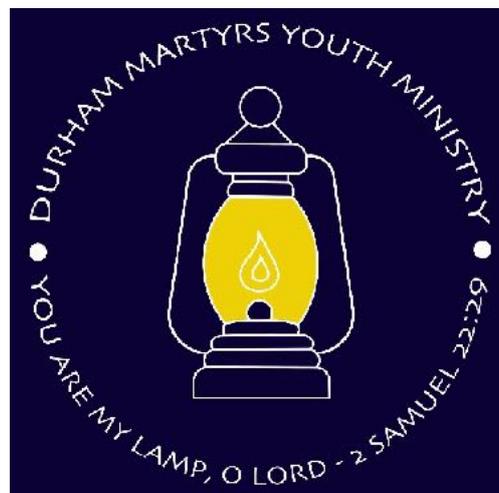


Confirmation

Journeying Together



Mission

Why this programme, now?

Inspired by Christus Vivit and the need for accompaniment in our Church today, this Confirmation programme, developed by Durham Martyrs Youth Ministry, is centred around journeying together and growing closer to Jesus Christ.

In preparation for the wonderful Sacrament of Confirmation, young people must **experience** the awesome power of the Holy Spirit, receive **encouragement** to step forward in faith and allow themselves to be open to God's love in their life.

Who is it for?

This programme is for young people looking to experience faith through community and journeying with other young Catholics. It also for anyone who is interested in learning more about the faith within a group of young people, asking the big questions and walking together to discover the answers.

How does this programme encourage spiritual growth?

In Christus Vivit 212, Pope Francis says "**Rather than being too concerned with communicating a great deal of doctrine, let us first try to awaken and consolidate the great experiences that sustain the Christian life. In the words of Romano Guardini, "when we experience a great love... everything else becomes part of it"**" Just as Pope Francis tells us to 'awaken' the experiences that sustain Christian life, every element of this programme has been formulated to provide the young people with a moment of encounter. Wherever we find these moments, these are where we truly see Jesus Christ working in our lives.

Session Outline

Gather, welcome and introductions

15-20 mins

Gather together around the table for a home cooked meal

1 - 1 ½ hrs

Watch Youth Alpha Video and discussion

25 - 30 mins

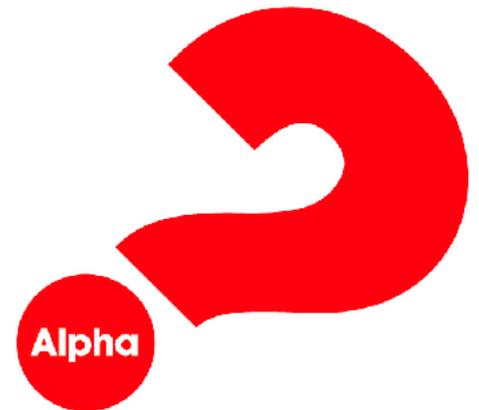
Small group discussions/activity

15-20 mins

Short time of praise and worship to end the session

10 - 20 mins

*Some sessions may begin with the Alpha video and end with the meal



What do you think?

This programme uses the Youth Alpha Film Series as the main content for sessions. Alpha is a great tool for people who are starting out on their journey in faith, as well as for those who are already on the path. Each Alpha video has three questions that offer opportunities for discussion and sharing.

Opportunities

As well as the main content sessions, there are other opportunities throughout the journey to meet other young people from the Parish, Partnership and beyond. Celebrations for Christmas and Easter, as well as retreats and day trips will take place with all three groups running within the Finchale Partnership.



Wednesday Youth Group

Another opportunity you may wish to take part in is our Wednesday evening youth group that meets weekly in the Jubilee Room at St Joseph's Church from 6:30 - 8pm. The group runs on all term time weeks in between the Confirmation sessions. We ask for a donation of £1.50 to cover the cost of the evening meal.



**DURHAM MARTYRS
YOUTH MINISTRY**

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